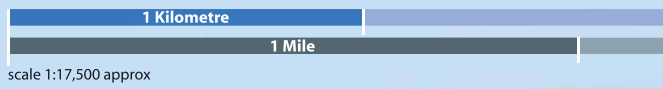


Key to the map

-  Pub / Restaurant
-  Supermarket
-  Cycle Shop
-  Tourist Information
-  Rail Station
-  Bus Station
-  Car Park
-  Arts Centre
-  Museum
-  Toilet
-  National Cycle Network Cycle Route
-  Hill
-  Field
-  Park
-  Open access land
-  Residential
-  Ayot Green Way (traffic free)
-  Ayot Green Way (on road)
-  Cycle Routes (country lane or minor road)
-  Cycle Routes (traffic free)
-  River
-  Building
-  Lake
-  Footpath (route normally marked by signs and waymarks with a yellow arrow)
-  Bridleway (route normally marked by signs and waymarks with a blue arrow)
-  Bridleway & Byway open to all traffic (route normally marked by signs and waymarks with a red arrow)
-  Minor Road (roads used as a public path route normally marked by signs and waymarks with a black arrow)
-  Track
-  Railway
-  Main Road
-  Motorway



Ideas for getting out & about from Welwyn Garden City

- Take Bus 366 to Wheathampstead (20 mins; Mon – Sat only);
- Walk back to Welwyn Garden City via Ayot Green Way (6 miles)

from Wheathampstead

- Take Bus 382 to Ayot St Lawrence (8 mins; Sundays only)
- Return to Wheathampstead by foot on paths through Lamer Park Golf Course. Cross Codicote Road and use underpass to reach Sheepcote Lane. Explore Devil's Dyke off Dyke Lane and return to the village centre via Marford Road.

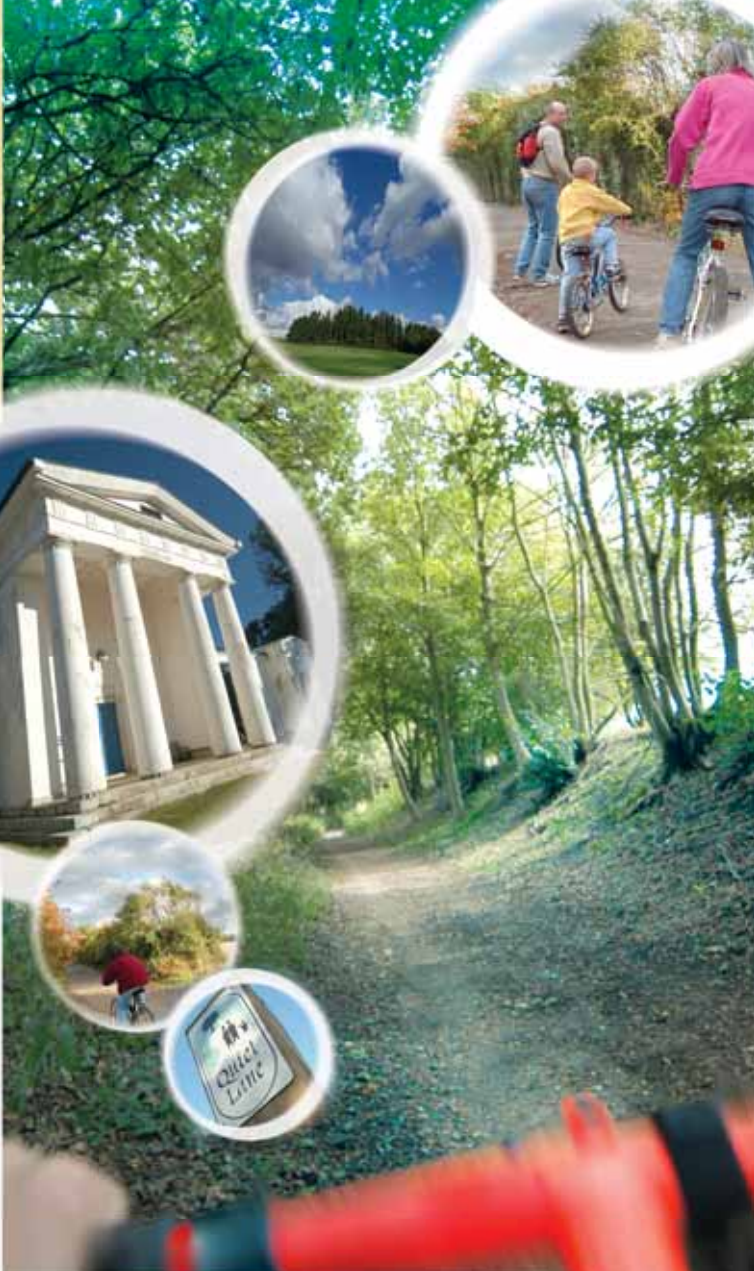
Cycle Safety

Consider wearing a helmet & bright or fluorescent clothing during the day. Wear reflective clothing and use lights at night and in poor visibility.

On traffic free sections be considerate to other users, and use a bell to warn walkers of your approach.



walking & cycling The Ayots



- all cycling issues in the Welwyn Hatfield area
- route maps
- maintenance issues
- information



Enjoy! Hertfordshire

Hertfordshire Rural Transport Partnership



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*all photos by Stephen Wragg except: veteran cyclists at Shaw's Corner - with thanks to The National Trust and Welwyn Roman Baths legionary - with thanks to Hertfordshire County Council. © WAH 2005

open country between Welwyn & Wheathampstead

Explore, Discover & Enjoy! The Ayots

There is some great countryside in Hertfordshire for you to discover. This leaflet covers the area around the Ayots between Welwyn Garden City and Wheathampstead.

Quiet Lanes, many footpaths and bridleways including the Ayot Greenway make this area ideal to explore by foot and bicycle.

Why not leave the car at home and take the bike on the train to Welwyn Garden City? You can cycle through Sherrardspark Woods on the Ayot Greenway to explore the area.

Alternatively if you are coming from Stevenage or St Albans take the 382 service. Look out for the orange *Enjoy!* bus on Sundays and Bank Holidays.

This leaflet shows you what you can see and visit in this beautiful area from historic houses and churches to ancient woodlands and old railway lines. What's more these places can also be accessed without the car.



Quiet Lanes

The Quiet Lanes project was developed by the Countryside Agency to preserve the character of country lanes and encourage walkers, cyclists and horse riders to 'share with care.' Ayot St Peter Rd, School Lane, Whitehill and Waterend Lane all form part of the Quiet Lanes network in the parish of Ayot St Peter linking footpaths, bridleways and cycle tracks.



Want to explore further?

There are a number of other free publications covering old railway lines in the area including the **Cole Green Way** (WGC - Hertford & Ware) and **Alban Way** (Hatfield - St Albans). **Cycling Discovery** maps also show some great rural rides in Hertfordshire.

Take the bus - and get half price entry to Shaw's Corner!

To make it easier to get to the Ayots from St Albans and Stevenage, a Sunday and Bank Holiday service runs between these two towns. It passes through Wheathampstead, Ayot St Lawrence and Old Knebworth. Taking the bus is an ideal way of beating traffic and car park queues.



What's more, on production of your bus ticket you can get **half price** entry into **Shaw's Corner** at Ayot St Lawrence.

The bus starts and finishes at Stevenage and St Albans City Stations making it easy to go by train to and from London and the north. The bus can be used as a 'park and ride' service by leaving your car at Wheathampstead and taking the bus for the 8 minute journey to Ayot St Lawrence.

Pick up the 382 leaflet for more details including things to do, places to eat and fare information. Alternatively contact Intalink for information. The service will be reviewed in late 2005.

Want to know more?

Walking & cycling

- For the Welwyn Hatfield area contact Pedal Point: Tel: 01707 357551 www.welhat.gov.uk/pedalpoint
- For the St Albans & Wheathampstead area contact St Albans City & District Council: Tel: 01727 866100, www.stalbans.gov.uk
- For county wide cycling check out: www.hertsdirect.org.uk/cycleweb
- The Countryside Management Service has a series of local maps for walks & cycle rides: Tel: 01727 843067, www.hertsdirect.org.uk/cms
- Rights of Way: Tel: 01992 555555, www.hertsdirect.org.uk/row

Public Transport



- Bus information, timetables & fares: Tel: 0870 608 2 608, www.intalink.org.uk



- WAGN rail services serving Welwyn Garden City: www.wagn.co.uk

- Thameslink services serving St Albans: www.thameslink.co.uk

- National Rail Enquiries: Tel: 08457 48 49 50, www.nationalrail.co.uk

Local attractions



- Shaw's Corner, Ayot St Lawrence: Tel: 01438 820307, www.nationaltrust.org.uk

- Welwyn Roman Baths: Tel: 01707 271362, www.hertsmuseums.org.uk



- Lemsford Springs Nature Reserve: Tel: 01727 858901, www.wildlifetrust.org.uk/herts

- Stanborough Lakes, Welwyn Garden City: Tel: 01707 327655, www.stanboroughpark.com

- The Howard Centre, Welwyn Garden City: Tel: 01707 320026, www.howard-centre.co.uk