



OAKLANDS COLLEGE



KICKSTART PROGRAMME 2010

6 weeks - 3 hours per week - Tuesdays 11-2pm

Cross Street Centre, Dagnell Street, St Albans AL3 5EE

ARE YOU between 18-24 and have been unemployed for less than 6 months? Do you WANT HELP? CALL NOW on 01727 737779

The new Kickstart programme is uniquely tailored for 18-24 year olds. It is a 6 week programme that includes relevant information and a network designed to enable you to explore new career options and hone your employability skills. This will enable you to present yourself in the best possible light when seeking employment.

This new service is provided **COMPLETELY FREE OF CHARGE**. Attendance is three hours per week with additional one to one support. Places are limited to 25 on each programme and require you to book in advance.

The course includes:

- What jobs suit your skills
- How to apply for jobs
- CV building
- Interview techniques and skills
- Positions available with local employers and voluntary sector
- Setting up your own business
- One to ones to explore individual skills, needs and aspirations
- Further training available to build your skills.



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These are all designed to inspire you with the confidence to progress your career and get on track as quickly as possible.

Mark Dawe, Principal and Chief Executive of Oaklands College said of the Kickstart Project: *"We have the resources in place to offer a one-stop solution to local young people. We are at the heart of our community, working with learning and skills councils and we want this forum to provide the perfect platform to offer a modern service that can simply help people get into employment and stay there."*

KICKSTART 2010 - Working in Partnership with:



ST ALBANS
& DISTRICT
LOCAL STRATEGIC
PARTNERSHIP

certaintyone ltd



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To find out more, or speak in confidence about your career, contact us now on 01727 737779 / 737700 (Tue - Fri 9:00am - 5:00pm) or email bernadette.martindill@oaklands.ac.uk