If you think you may have to move out of your current home because you are facing abuse and threats of violence, including domestic violence, the following organisations can provide support.

If you are a woman or a man affected by domestic abuse, you can contact Safer Places on their e-line number: 0330 102 5811.

If you are a woman affected by domestic abuse:

**St Albans and Hertsmere Women’s Refuge** can offer accommodation for up to 22 women fleeing domestic violence, and can be reached on 01727 824425. The refuge also runs a drop in service that operates from the hub at St Albans Council offices on Mondays from 11-2pm (excluding bank holidays)

Call **Herts Domestic Abuse Helpline** on 0808 808 8088. 0808 numbers are free to call from landlines and mobiles within the UK and do not appear on itemised phone bills

**Herts Area Rape Crisis and Sexual Abuse Centre** can be contacted on their helpline on 01707 276512

If you are in immediate danger call 999.

**National Organisations You Can Contact Include:**

**Women’s Aid**  
0808 200 0247

**National Domestic Violence Helpline**  
0808 200 0247

If you are a man affected by domestic abuse, you can contact:

**M.A.L.E.** – 0808 801 0327  
**ManKind** – 0182 333 4244

If you are facing other threats or abuse, such as racial or homophobic harassment:

In an emergency call **999** or for a non emergency contact **112**

The Stop LGBT Hate Crime Helpline is a 24/7 Telephone Helpline covering England, Wales and Scotland. 0808 801 0661

**Galop** are an anti-violence LGBT charity that can provide

housing.options@stalbans.gov.uk