



**IDLING...  
SWITCH OFF  
FOR CLEANER AIR**

Leaving your engine running when you're parked releases chemicals to the air that affect brain function, worsen conditions like asthma and increase the rate of cancer.

Around 50,000 people die prematurely each year because of exposure to air pollution and children are especially vulnerable. Drivers are also affected as pollutants get trapped inside the vehicle.

Check your route and choose your music before you switch on.

**If you're going to be parked for more than a minute, please switch off your engine. Thank you.**

## FACTS

1. Restarting the engine does not deteriorate the engine or battery
2. Restarting doesn't use more fuel than idling
3. Cars don't need to be 'warmed up' by idling



When you idle your engine you burn about ½ litre of fuel per hour!

Switch off your engine to save fuel and save money.



By switching off your engine you reduce the burning of fossil fuels which create climate change.



Protect your own health, and the wellbeing of others on the street, by switching off your engine until you are ready to drive.