# Reduce, Reuse and Recycle



Working in partnership







## Introduction

We'd like St Albans District to be a shining example of community recycling. Together with our partner Veolia, our aim is to increase recycling rates in the District to more than 60%. Recycling, composting and reducing your waste is easy and can make a big difference to the environment.

When rubbish is buried in landfill it releases harmful gases and liquids. It also means that precious resources that could otherwise be turned into new products are wasted. Throwing waste into landfill costs around £100 per tonne. By recycling more we can also save money, which can be used for other important things.

St Albans City and District Council is working with Veolia to provide all households in the District with a comprehensive multi-material recycling service. We're working together to make it as easy as possible for you to recycle.





# Recycling at home

#### What?

All houses have a fortnightly collection of mixed recycling with a separate paper and card collection. We also collect small electrical items and textiles weekly.

If you live in a flat, please see page 8.

#### Why?

Recycling from home is easy and convenient and will help you make a big difference to the environment.

#### What happens to my recycling?

We collect your recycling in a vehicle with a split compartment: one for paper and cardboard, and one for mixed recycling.

Paper and cardboard is more valuable when collected separately because it can be recycled into better quality paper and cardboard.

This recycling is sent to a materials recycling facility. Once there, the items pass through several types of machinery that sort through all the different materials. This means less time spent sorting by residents and crews, meaning more recycling can be collected quicker, and at lower cost.

The recycling we collect can be turned back into bottles, paper and card, or transformed into other things, like jumpers, insulation and even picnic tables!

Some people recycle from the kitchen but forget the waste from other rooms of the house. Don't forget to recycle bottles and aerosol cans from the bathroom and bedrooms too!

#### Small electricals

#### **Weekly collection**

#### √ Yes please

Please keep separate in carrier bags and put next to your bins on collection day.

- ✓ Batteries
- ✓ Mobile phones
- ✓ Toasters
- ✓ Digiboxes
- ✓ Hairdryers and straighteners
- ✓ Irons

#### X Nothanks

- X TVs
- **X** Washing machines
- **X** Computers X Light bulbs

#### **Textiles**

#### **Weekly collection**

#### √ Yes please

Please keep separate in carrier bags and put next to your bins on collection day.

- ✓ Worn or torn clothing
- ✓ Pillowcases and sheets
- ✓ Handbags
- ✓ Paired shoes

#### X Nothanks

- X Duvets X Pillows
- X Rugs, mats and carpets
- **X** Cushions
- X Rubbish

#### Plastics, cans, foil, glass bottles and jars

#### **Fortnightly collection**

#### √ Yes please

#### Remember to rinse out contents.

- ✓ All plastic
- ✓ All empty aerosols
- bottles, travs. pots and tubs
- ✓ Kitchen foil ✓ All glass bottles
- ✓ Fruit punnets
- and jars
- ✓ Food and drinks cans and tins
- ✓ Shampoo bottles

#### X Nothanks

- X Light bulbs X Plastic bags **X** Cellophane
- **X** Spectacles X Plate glass X Polystyrene
- X Pyrex glass X Film wrapping X Mirrors and X Drinking glasses
  - crockery

#### Paper and card

#### **Fortnightly collection**

#### √ Yes please

- ✓ Cardboard packaging and flattened boxes
- ✓ Greetings cards (plain)
- ✓ Shredded paper
- ✓ Newspapers and magazines
- ✓ Junk mail, leaflets and brochures (remove plastic packaging)
- ✓ Envelopes (including window)
- ✓ Catalogues and directories
- ✓ Paperback books
- ✓ Cardboard packaging
- ✓ Toilet roll and kitchen roll tubes
- ✓ Ready meal sleeves
- ✓ Cereal boxes

#### X No thanks

- X Carrier bags
- **X** Greasy, waxed or shiny wrapping paper
- X Tetra Pak cartons
- X Dirty, greasy takeaway pizza boxes





Please put the right items in the right bin or box. This will mean we can put your recycling to the best possible use.

### Food waste

#### What?

We collect waste food from houses every week in your kerbside caddy.

If you live in a flat, please see page 8.

#### Why?

Every year, we throw away 7 million tonnes of food and drink from our homes. In landfill, this waste will take many years to decompose, and produce harmful greenhouse gases in the process. If you put it in your brown bin it may sit there for up to two weeks, which can lead to pests and nasty smells. It is much better all round for your food waste to be collected in your kerbside caddy.

#### What happens to my waste?

Food waste is taken to a facility that breaks it down to produce renewable energy and biofertiliser in a much shorter amount of time.

#### **Caddy liners**

Please wrap your food waste in paper, biodegradable caddy liners, or even old plastic bags! The facility that breaks down the food waste can remove plastic bags at the start of the process. Make sure you don't use black bags, and remember any other plastic (e.g. trays and bottles) must not be put in your food waste caddy.

For more information on how to reduce your food waste, visit www.lovefoodhatewaste.com

#### Food waste

#### **Weekly collection**

#### √ Yes please

✓ Bread and pastries

✓ Plate scrapings

and leftovers

- ✓ Fruit and veg peel
- ✓ Meat and bones
- ✓ Coffee grounds
- ✓ Tea bags
- ✓ Cheese
- ✓ Fish
  ✓ Egg shells
- ✓ Raw food

#### X Nothanks

- X Liquids
- X Plastic (including black bags) other than carrier bags used as caddy liners



### Garden waste

#### What?

We collect garden waste fortnightly in your green bin. If you live in a flat, we do not collect garden waste. If you have communal gardens, this waste should be taken away by the contractor maintaining the area.

#### Why?

If you don't want to compost your garden waste at home, we will collect it for composting. Garden waste takes a long time to decompose in landfill. Landfill is also very costly.

## What happens to my garden waste?

Your garden waste is taken to a local composting facility. Here it is shredded, heated and turned through a series of bays to kill pathogens and weed seeds and break down the material into compost. It is used for farming and agriculture.

Please do not put food waste in this bin. Food waste is collected weekly in your kerbside caddy. See the opposite page.



#### Garden waste

#### **Fortnightly collection**

#### ✓ Yes please

- ✓ Grass cuttings, leaves and weeds
- ✓ Tree, shrub and rose prunings
- ✓ Small branches
- ✓ Cut flowers

#### X Nothanks

X Soil, stones and turf

X Hardcore

X Treated timber

X Paper and card

**X** Food waste

**X** Plastic flower pots and trays



#### Visit www.stalbans.gov.uk/recycling Email wastemanagemer

## Flats Recycling

If you live in a flat, we provide different containers for your recycling and waste. Please make sure the right items go in the right bin. This will mean we can put your recycling to the best possible use.



#### Plastics, cans, foil, glass bottles and jars

#### ✓ Yes please

- ✓ All plastic bottles, ✓ All empty a trays, pots and tubs
  ✓ Kitchen foil
- ✓ Fruit punnets
- ✓ Food and drinks cans and tins
- ✓ All empty aerosols
- ✓ All glass bottles
- and jars

  ✓ Shampoo bottles

#### X No thanks

- X Light bulbs
  X Spectacles
- **X** Plastic bags
- X Plate glass
- X CellophaneX Polystyrene
- X Pyrex glass
  X Drinking

glasses

- X Film wrapping
- X Mirrors and crockery



#### Paper and card

#### ✓ Yes please

- ✓ Cardboard packaging and flattened boxes
- ✓ Greetings cards (plain)
- ✓ Shredded paper
- ✓ Newspapers and magazines ✓ Toilet roll and
- ✓ Junk mail, leaflets and brochures
- (remove plastic packaging)
- ✓ Envelopes (including window)
- ✓ Catalogues and directories
- ✓ Paperback books
- ✓ Toilet roll and kitchen roll tubes
- ✓ Ready meal sleeves
- ✓ Cereal boxes

#### X Nothanks

- X Carrier bags
- X Greasy, waxed or shiny wrapping paper
- X Tetra Pak cartons
- ✗ Dirty, greasy takeaway pizza boxes



#### Landfill waste

Any waste that can't be recycled goes in the general waste bin.

#### X No thanks

- X Extra bags left by the side of the bin
- X Electrical items and batteries
- Furniture
- X Rubble
  X Paint



#### Food waste

Collect food waste in your handy sink-side caddy before transferring it to the food waste bins. Food waste will be collected from your communal bin area every week. You can wrap your food waste in paper, biodegradable caddy liners, or old plastic bags, but please don't use black bags.

## Household Waste Recycling Centres

There are three Household Waste Recycling Centres (HWRCs) in St Albans City and District, which are operated by Hertfordshire County Council. They accept a wide range of materials for recycling and are for household waste only. See **www.wasteaware.org.uk** for locations, opening times and accepted materials.

## Recycling Banks

#### Where?

The Council manages a number of recycling sites across the District, and they are a popular way of recycling.

See our website to find your nearest site, and check what items it accepts (not all items are accepted at every site).



#### How?

#### When using the Recycling Banks please:

✗ DON'T leave any items that cannot be recycled at the recycling sites. People leaving items such as TVs, ironing boards, lawn mowers and mattresses at the banks are liable for prosecution for fly-tipping. ✓ DO help us keep our neighbourhoods tidy by taking anything that can't be recycled at the banks home with you. This includes plastic bags and cardboard boxes.

## **Bulky Waste**

If you need to dispose of items that can't be collected at the kerbside we can collect them. We make a charge for this service.

#### What?

We collect items such as washing machines, sofas and mattresses. We can't collect hazardous waste (e.g. plasterboard or asbestos).



Our website has further details of what can be collected and how much it will cost.

## Real Nappies

An incredible eight million disposable nappies are thrown away every day in Britain. Some studies suggest that the plastics and gels used in them may take up to 500 years to break down.

Modern washable nappies or 'real nappies' as they are often known, help to reduce the amount of waste that is sent to landfill.

We offer a £60 incentive scheme for families using washable nappies. To apply, please complete and return the application form on the WasteAware website www.wasteaware.org.uk

An average baby uses a tonne of disposable nappies in his or her lifetime. Studies suggest that the plastics and gels in these nappies could take up to 500 years to break down.

The Council offers try-before-you buy kits.
Visit www.stalbans.gov.uk/wasteandrecycling





# What other information do I need to know?

### When should I put out my waste and recycling for collection?

Please present your containers on the boundary of your property by 7am on your collection day.
Please refer to your calendar or our website if you are unsure which day that is.

## I live in a house, but don't have all the bins in this leaflet. What do I do?

Those properties not suitable for wheeled bins are issued with purple refuse sacks and are limited to three sacks per fortnight. These provide the same capacity as the wheeled bin used by the majority of households. No excess waste will be collected, so please ensure all your refuse is in the brown wheeled bin/purple sacks provided.



## My collection was missed, what should I do?

If the right things were in the right bin, bag or box, and your collection day was less than two days ago, please report it using the contact details overleaf.

# How often is my waste and recycling collected?

Houses - refuse (in brown bins or purple bags) is collected on the alternate week to your black and green wheeled bins and paper and card box. Food waste is collected every week, as are textiles and small electrical items.

Flats - refuse and food waste is collected weekly.



#### I struggle to contain my waste in the containers provided. Is there anything you can do?

Please check to make sure you are recycling all the things in this leaflet in the containers you have been given, as well as using the recycling and HWRC sites. If you still have too much waste, please contact us for advice.



#### I find it difficult to move my containers to the boundary. Can you help?

If, because of age or disability, you cannot move your containers to the boundary please email wastemanagementservices@stalbans.gov.uk or call 01727 809019 to request an assisted collection.

Each UK family uses an average of 500 glass bottles and jars annually. It's not known how long glass takes to break down, but archaeologists still find 3,000-year-old glass in excavations. Better to recycle it!



If all cans in the UK were recycled, we would need 14 million fewer dustbins.

Did you know?

Each tonne of recycled paper can save 17 trees.

An empty cola can thrown in the bin will look the same in 100 years. If it's recycled, it'll be ready to use again in six weeks!

If you would like to arrange a Recycling Officer to come and talk to your community group, school or Residents' Association, please contact us.

Thank you for recycling. We can't do it without you.

It takes 50 times the energy a single battery gives out, just to make it in the first place.

Look out for our forthcoming

#### Need more information?





