

## The Hub

At the Civic Centre in St Albans, you'll find lots of advice, information and guidance on offer from all these local organisations listed below.

	Monday	Tuesday	Wednesday	Thursday	Friday
Citizens Advice St Albans District	10am – 1-4pm (drop in) 1pm – 4pm	10am – 1pm (drop in) 1pm – 4pm	10am – 1pm (drop in) 1pm – 4pm	10am – 1pm (drop in) 1pm – 4pm	10am – 1pm (drop in)
Communities 1st	10am – 4pm	10am – 4pm	10am – 4pm		
Oaklands College	10am – 2pm		10am – 2pm		
St Albans Credit Union			10am – 1pm		
Community Navigator	10am – 1pm				10am – 1pm by appointment
Herts CC Stop Smoking Service		1pm – 4pm			
Herts Asian Women's Association					10am – 1pm alternate weeks
St Albans Women's Outreach	9am - 5pm drop in and appointments				
Hertfordshire Practical Parenting Programme	10am – 4pm		10am – 2pm		
Shaw Trust			10am – 5pm		
Age UK		1.30pm – 4.30pm alternate weeks			
Mind in Mid Herts				1pm – 4pm	
The Living Room		1pm – 4pm 2nd and 4th week of the month			